



## GET TO KNOW ME



# Julia Frangedakis

## Human Resources Generalist

**Years of Experience:** Julia started in HR in 2017, with 7 years of experience in HR with experience in recruiting, employee benefits, human resource compliance and employee relations.

**Industry Experience:** Julia most recently worked as an HR Generalist for the Law Family Companies and in this role and prior HR roles, supported company HR functions including onboarding new hires, administering leaves and even dabbled a bit supporting benefits and payroll functions!

Julia has a dog, cat, and 14 chickens at home-along with 3 small children!! Her hidden talent is baking, she's a coffee lover, could eat cheese forever, and can quote almost any scene in Big Daddy. The Caribbean is her favorite vacation spot and you'll catch her cheering loudly for the Boston Bruins & Boston Celtics during basketball and hockey seasons. Tbones is the restaurant she will always say yes to so be on the lookout if you're visiting a Tbones in NH. Too bad there isn't one super close to her at home- Julia is in southwestern NH. She loves spending time outside in the yard with all of her pets, traveling (even little day trips!) and spending time with family. She also loves horses and horseback riding and weightlifting (when she can find the extra time!)

### CONTACT US:

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